

UNIT

8

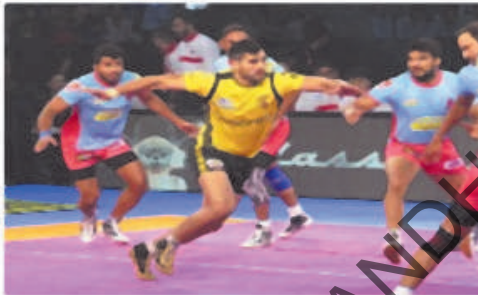
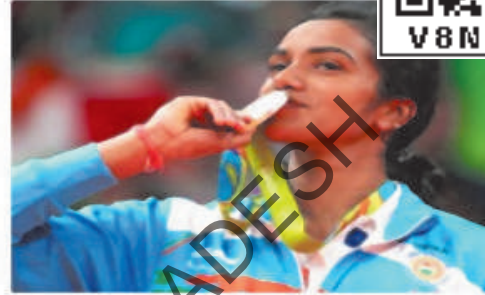
Where there is a Will, there is a Way



Pre-reading



Observe the following pictures :



Now, reflect on the above pictures

(Teachers can interact with the students using the following questions)

- Find out the sports and games shown in the picture.
- Tell the names of the persons in the above pictures.
- Which picture depicts a sports person different from the others?
- Do you know any other persons with special abilities who have done great things in their lives? Describe the achievements of such persons.
- Who is your favourite sports person? Talk about his/her achievements.

Where there is a Will, there is a Way

No one is born great. One becomes great by his/her deeds, will power, patience and perseverance. These qualities help a person overcome the weaknesses and barriers to achieve goals. Here are two stories of athletes who achieved their best, inspite of their physical challenges.

The 1992 Olympics had put Barcelona on the map of the world. Normally, thousands of athletes take part in the games. Why do so many countries send their teams to the Olympics? It is because the Olympics is one of the world's biggest sports events. It is an honour for any country to send their athletes to take part



in the Olympic games. It is not a success or a failure that counts; what matters is the participation in the event.

The players put in their best efforts to win, but a few among such good players have become victims of accidents; a few others have been victims of diseases. They are eager to show that they are champions in their own fields. One such champion was Wilma Rudolph of the U.S.A. She is popularly known as the 'Black Gazelle'. She had the speed and the grace of a deer.

Wilma belonged to a large Afro-American family. In fact, she was the fourteenth child and was very weak when she was born. At the age of four, she had an attack of polio and was in bed for two long years. The doctors recommended regular massage to get her left leg back to normal. Each member in her family spent some time massaging her leg. In course of time, she was able to walk. She, however, needed special shoes. As her legs became a little stronger, she began to run about and play. She said, "I can run fast and I will participate in Olympics." At no time did she feel that she was physically handicapped. As years passed, she improved in her health and grew stronger enough to play basketball for her school. She was always cheerful and active and was full of hope that she would, one day, be a great player.

A trainer of athletes happened to meet her one day. He saw that she was a talented girl and could become a sprinter. She took regular lessons from this coach, and the lessons helped her join the American Olympic team that went to Melbourne. In the next Olympics in Rome, she became a superstar and won three gold medals. She smiled and said, "I run fast because mine is a large family and I need to get to the dining table first."

Another champion who suffered a lot as a boy was Rafer Johnson. He was only twelve, when his left leg was badly crushed in a machine. The front of one of the toes was hanging out as though it would fall off. The surgeon who treated him feared that the entire leg might have to be cut off. Rafer was upset. All the time he was in bed and prayed to God for His mercy. He grew better day by day and the surgeon could finally save his leg, but it did not heal completely.



Rafer's interest in sports was so strong that he did not worry about his weak leg. He often had difficulty in wearing spiked shoes, but this did not stop him from having regular practice. He worked hard day and night and was finally selected for the Olympics. He took part in the decathlon and won the first place. He was called "the greatest all round athlete in the world".

Both these champions had their dreams. They set themselves their goals to achieve their dreams. They worked with a will to reach their goals. At last their dreams came true and they became world famous athletes.



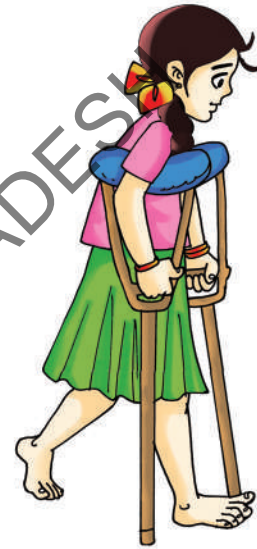
Glossary

event (n)	= an important happening of sport
exciting (adj)	= causing strong feelings
participate (v)	= take part in
victim (n)	= one who is affected by an accident or a disease
massage (v)	= pressing or rubbing to remove pain
gazelle (n)	= deer-like animal
recommend(v)	= suggest, advise
sprinter (n)	= fast runner
spikes (n)	= pointed pieces of metal on running shoes
decathlon (n)	= a competition in ten events like 100m dash, long jump, shot put, high jump, 400m run, 110m hurdle, discus throw, pole vault, javelin throw, 1500m run.



I. Complete the following statements by choosing the correct options:

1. Wilma Rudolph won three gold medals in _____
a. Melbourne Olympics b. Rome Olympics
c. London Olympics d. Berlin Olympics
2. Wilma is a _____
a. dancer b. sprinter c. singer d. teacher
3. Wilma's left leg was weak because
a. she was injured while playing
b. her leg was affected by polio
c. her legs were crushed by a machine
d. she met with an accident
4. Rafer found it difficult to run
a. with artificial limbs
b. using crutches
c. with blades tied below his knees
d. wearing spiked shoes
5. Decathlon is _____
a. a competition in ten separate events
b. a set of ten medals given in Olympics
c. a place where Paralympics is held
d. the name of Rafer Johnson's coach



II. Answer the following questions in a phrase or a sentence:

1. Where was the 1992 Olympics held?
2. Who are the two athletes mentioned in the text?
3. Which country did Wilma belong to?
4. What was the doctor's recommendation to improve Wilma's leg?
5. How did Wilma's family help her?
6. What happened to Rafer's left leg?
7. What do we learn from the lives of these two great athletes?



III. Go through the following statements and arrange them in a sequential order and write in your notebook.

1. She was in bed for two years.
2. She became well in course of time.
3. Wilma was weak as a baby.
4. She played for her school in one of the matches.
5. She had regular massage of her left leg.
6. She had an attack of polio in her fourth year.



Vocabulary

I. Who are the following people? (Supply the missing letters)

1. One who participates in a running race is a r..... n r.
2. One who takes part in field and track events is an a hl t
3. One who runs fast in the race over a short distance is a s i t r.
4. One who is injured as a result of a disease is a v.....ct.....

II. Complete the following paragraph choosing the correct word from those given in brackets:

All the students of class VI went to the stadium. (Some, Sum) of them participated in individual events, a few of them in group events and the remaining went to cheer up (there, their) friends. Rohit was a good runner. When the (race, rays) began, all his friends (new, knew) that he (would, wood) win. In the finals, Rohit (one, won) the first (prize, price) and became the champion.



Grammar

I. Read the following sentences and observe the words underlined.

1. The front part of one of the toes was hanging out as though it would fall off.
2. I will participate in the match.
3. I can run fast.
4. India might win the match against England.
5. It might rain in the evening so we can't play cricket today.
6. We should respect our elders.
7. I must take my brother to the stadium.

In the above sentences, the underlined words are **Modal Verbs**.

Modals are the helping verbs which express the 'mode' or 'manner' of the actions indicated by the main verbs. They express modes such as ability, possibility, probability, permission, obligation, etc.

The most commonly used modals are shall, should, will, would, can, could, may, might, must, ought to, used to, need and dare.

Modals are used to

- Ask permission
may, can, could
e.g : May I join in your team?
Could I use your bat, please?

- Express a possibility
may, might, could
e.g : It might rain today.

- Give advice or suggestion
should
e.g : You should wear shoes.

- Express necessity or compulsion
must, have to
e.g : We must win the match.
I have to practise because tomorrow we have a match.

- Make a request
can, could
e.g : Could you please give me our coach's telephone number?

- Express prohibition
Must
e.g : You must not talk loudly in the library

I. Choose the correct modal verbs from the box to complete these sentences.

must - can - should - will - would

1. You enter the stadium if you have a ticket.
2. We attend the classes without fail.
3. We submit our projects on time.
4. you like to have a cup of milk?
5. We win the match next week if we practise it every day.

II. Some situations are given below. Read them and respond suitably. The first one is done for you:

1. The teacher has distributed you all the textbooks and notebooks. Your bag is heavy to carry home
You ask someone to help you.
R: Could you please help me carry this bag?
2. A friend has just come to see you at your house.
fer him/her something to drink.



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3. You are at the bank. You want to fill a form but you don't have a pen. How would you ask the man at the counter for a pen?

.....

4. You are sitting in a crowded bus. You notice an old lady standing near you. Offer her your seat.

.....

5. Your friend has helped you to locate your missing book. Thank him/her.

.....

III. Questions..Questions ??? (Let's ask questions, Shall we?)

Pair work: Read the interview and practise with a partner.

An interview with a singer.

- Interviewer** : Can I have a talk with you ?
Singer : Sure !
Interviewer : What are you ?
Singer : I'm a singer.
Interviewer : Which songs do you sing, I mean pop songs or folk songs ?
Singer : I sing folk songs.
Interviewer : Where are you from ?
Singer : I'm from Srikakulam.
Interviewer : Why are you here ?
Singer : I'm here to participate in a singing competition.
Interviewer : When will you return home ?
Singer : I'll go next week.
Interviewer : How will you go ?
Singer : I'll go by car.
Interviewer : Whose car is it?
Singer : It's my own car.



IV. Gowthami is late to school today. Her teacher asks her some questions. The teacher uses these Question words.

Task : Complete the questions below using the given Question words.

1. are you late?
2. do you live?
3. everything alright?
4. you miss the school bus?
5. came to drop you?
6. did you reach the bus stop?
7. did you come to school?
8. is the time now?



V. Sit in pairs. Read the following statements and frame questions. Use the clues given in the brackets. One has been done for you.

e.g. A : My father is a teacher.
What is your father? (what)

1. A: This ball is mine.
B: ? (whose)
2. A: I like blue colour.
B: ? (which)
3. A: We celebrate the National Sports Day on August 29th.
B: ? (when)
4. A: Deeksha likes cows because they give us milk.
B: ? (why)
5. A: Kohli is my favourite batsman.
B: ? (who)
6. A: Neeraja goes to school every day.
B: (where)



VI. Write one meaningful question each beginning with the following words.

What ?

Who ?

Where ?

When ?

Why ?

Which ?

Whose ?

How ?

Are ?

Is ?

Have ?

Do ?

Does ?

Did ?

Will ?

Can ?

Can't we ?

Don't you ?

Won't they ?

Didn't he ?

Doesn't she..... ?

Isn't your ?

Aren't you ?

Wasn't he ?



Writing

I. Read the information in boxes about the biography of M.S.Dhoni. Arrange them in the right order.

Retirement

Dhoni announced his retirement from International Test Cricket on December 30, 2014 following the drawn test between India and Australia in Melbourne.

Significant Milestones / Achievements.

India won the 2007 ICC World Twenty20 and 2011 ICC Cricket World Cup under his captaincy.

Awards

He received the Rajiv Gandhi Khel Ratna award in 2007 and the Padma Shri award in 2009. He also received Padma Bhushan award, India's third-highest civilian award, in 2018.

Personal details-Debut

Dhoni was born on July 7, 1981 in Ranchi, Bihar (now Jharkhand) to Pan Singh and Devaki Devi. He made his debut in One Day International (ODI) in December 2004, playing against Bangladesh

Career

In the ODI scenario, Dhoni has so far played 265 matches scoring 8620 runs, with his highest being a staggering 183 out off 145 balls not-out against Sri Lanka.

Introduction

Mahendra Singh Dhoni or MS Dhoni is one of the most popular Indian cricketers. Putting his great leadership skills to test, he served as the former captain of the Indian national cricket team.

II Write a bio sketch of P.V. Sindhu using the clues given below.

Details

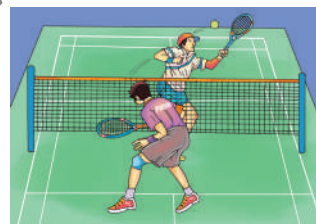
Full Name	: PusarlaVenkata Sindhu
Date of Birth	: 5 th July 1995
Parents	: P.V Ramana & P.Vijaya (National Volleyball players)
Hometown	: Hyderabad,
Profrrsion	: Badminton player
International Debut:	In 2009
Coach	: Pullela Gopichand
Awards	: The Arjuna Award-2013, The Padma Shri Award-2016



Talking Time

I. Respond to the statement : "Alas! We lost the match"

- A : Is it?
B : Really?
C : I know. I expected.
D : Don't worry!
E : Better luck next time



II. Listen to the announcement made by the Physical Director in the District Level Sports Meet.

Announcement 1 : May I have your kind attention please ? The sports persons who are participating in 400 meters are requested to report to Mr. Haribabu by 4 p.m at our High School ground with your identity cards without fail.

Activity 1 : Make an announcement regarding the Volleyball semifinal match between Sompeta and Palasa in court No 2.

Activity 2 : Make an announcement regarding Kabaddi final match between Narasannapeta and Srikakulam in court No 1.

III. And... what ?

Each learner will repeat the sentence and add one more item.

- Topic : Games and sports
I like / love to play _____
I love to play cricket, volleyball, _____

2. Topic places www.apteachers.in
I want to visit / I would like to visit

3. Topic : Hobbies
I enjoy..

4. Topic : Abilities
I can speak English..

5. Topic :Favourites
My favourite sports person (game, actor)



IV. Read the Interview with Saina Nehwal.

1. An Interview with a sports person.

Anchor : Good morning and welcome to all the viewers to your favourite programme 'Know Your Stars'. We are so fortunate to have Ms. Saina Nehwal with us on the show Know Your Stars. Well now, let's invite the first Indian woman player who has brought name and fame to our country and a true inspirer for many sports persons. Today we will interview her.

Anchor : Dear Saina, once again we welcome you to the show. Our viewers are so curious to listen to you.

Saina : Good morning everyone. Thanks for inviting me to the show.

Anchor : How did you pick up badminton as your career?

Saina : Well, I had never thought I would be a professional player. But once I got the opportunity to play for my school in the inter-school matches, I defeated all my opponents. Then the sports teacher encouraged me and I became what I am now.

Anchor : Who is your role model?

Saina : I admire Sachin Tendulkar the most. Then Sania Mirza, Kalpana Chawla have also been my inspiration.

Anchor : How do you cope with the pressure of your studies?

Saina : Well, I like my studies. So I spend three hours every day with my studies.

Anchor : What do you do to relax?

Saina : I read books; watch movies; and spend time in nature. It refreshes me completely.

Anchor : What message would you like to give to our viewers?



Saina : Well, in order to be excellent, one must work really hard systematically. And one must never give up in case there are repeated setbacks.

Anchor : Thanks a lot for joining the show. Well that's all for today and let's meet another star next week.

Activity : Now conduct an imaginary Interview with one of your favourite Sport Stars by using the clues.

Debut match - important people in your life - breakthrough - challenges- tips for young generation - favourite food - favourite place - favourite dish - favourite sports person - future plans - goals- funny moment - Disappointment - success secret- parents support - role model.

Project Work

Collect the information about Rules and regulations, Do's & Don'ts of a Game :

Volley ball : Team - 6 members. Ground Measurements. Fowl, Setter, Spiker. Points.



Fun Time

I. **Reverse Me:** Read the sentences and try to guess the words. The first one has been done for you.

e.g. : I perceived with my eyes.(SAW) Reverse me and I existed. (WAS)

1. I'm a heavy weight. Reverse me and I'm nothing.
2. I'm the high point. Reverse me and I'm something to cook in.
3. I'm uncooked. Reverse me and I'm armed conflict.
4. I am a portion of the whole. Reverse me and I'm used to catch something.
5. I'm a wild animal. Reverse me and I move like water.
6. I'm a number. Reverse me and I'm used to catch something.
7. I'm an obstruction used to hold back water. Reverse me and I'm crazy.
8. I'm victorious. Reverse me and I'm the present time.
9. I use it in dance. Reverse me we keep them at home.

II. Stretching a Sentence

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Add more details to a sentence by using the 5 "Wh" Questions.

Who? My childhood friend.

What? My childhood friend has been playing chess.

When? My childhood friend has been playing chess for the past two hours.

Where? My childhood friend has been playing chess for the past two hours in his room.

Why? My childhood friend has been playing chess for the past two hours in his room because he wants to participate in a competition.

POEM

What can a Little Chap Do?

- William Arthur Dunkerely

What can a little chap do?
For his country and for you?
What can a little chap do?
He can play a straight game all
through;
That's one good thing he can do
He can fight like a Knight
For the Truth and the Right;
That's another good thing he can do.
He can shun all that's mean,
He can keep himself clean,
Both without and within;
That's a very fine thing he can do.
His soul he can brace
Against everything base.
And the trace will be seen



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All his life in his face;

That's an excellent thing he can do.

He can look to the light,

He can keep his thoughts white,

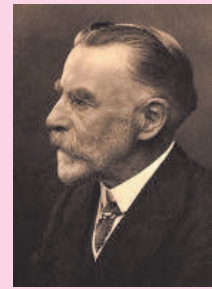
He can fight the great fight,

He can do with his might

What is good in God's sight;

Those are truly great things he can do.

William Arthur Dunkerley (12 November 1852-23 January 1941) was a prolific English journalist, novelist and poet. He wrote under his own name, and also as John Oxenham for his poetry, hymn-writing, and novels. His poetry includes *Bees in Amber: a little book of thoughtful verse* (1913) which became a bestseller. He also wrote the poem 'Greatheart'.



Glossary

chap = lad
knight = a brave and an honourable man.
shun = to avoid
mean = low in quality or degree or bad
brace = to support/handle
trace = an enquiry sent out for a missing article
sight = view
might = power

I. Match the rhyming words.

- | | |
|-----------|-------|
| 1. knight | base |
| 2. brace | mean |
| 3. clean | do |
| 4. you | fight |



II. Read the above poem and fill in the blanks with suitable words.

1. He can keep his white.
2. He can fight like a for the Truth and the Right.
3. The one thing he can do is to play a game all through.
4. The greatest thing that he can do is to do what is good in

III. Answer the following questions.

1. What can he do to keep all things clean?
2. What can he brace against everything?
3. What can he do with his might?
4. What can you do for your country?
5. List out the good things you find from the poem.



Fun Time : Answers

1. Ton- not. 2. Top- pot. 3. Raw - war. 4. Part-trap 5. Wolf - flow
6. Ten-net. 7. Dam-mad. 8 .Won - now. 9. Step-pets.



Check point

Check-points	On my own	With friends' help	With teacher's help
I was able to read the main reading text.			
I got the main idea of the passage.			
I was able to use the glossary given.			
I was able to answer all the questions.			
I was able to do the vocabulary tasks.			
I was able to do the grammar exercises.			
I was able to do the writing task.			
I was able to perform different functions in English language.			
I was able to do the project work.			
I was able to recite the poem.			
I got the idea of the poem.			
I was able to enjoy the poem.			
I was able to answer the questions under the poem.			